



Are you looking after someone?

Are you caring for a family member, partner or friend who is ill, frail or has a disability?

To find support and information for carers in West Sussex visit

www.westsussexcarers.org.uk

**West Sussex
Carers Online** 

Your local Carers Support Service

Worthing & District

www.carerswsx.org.uk

01903 536378

Regis, Chichester & Rural

www.carerssupportservice.org.uk

01243 537011

North & Mid Sussex

www.carerssupport.org.uk

01293 657040

West Sussex Carers Online supported by:

