

ICIS specialises in finding help for people in West Sussex with all areas of daily living.



- **ICIS : information for life**
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Open Monday to Friday from 10am to 12.30pm, and from 1.30 to 4pm. (There is an answerphone at other times.)

Some quotes from satisfied carers

"Since having the card two years ago, I have had a lot more freedom."

"This is a wonderful system and I appreciate what you do to help carers."

"So reassuring to know the right people would be informed, should it be needed."

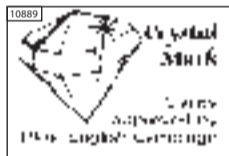
"Thank you, I never go out without it."

"Thank you for the support and the peace of mind."

SSP 115

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Carer's emergency alert card

For people who look after an adult or child who depends on them because they are ill, have a disability or are frail

01903 859929



Do you worry about what would happen to the person you look after if you were taken ill and unable to tell anyone that someone depends on you?

If your answer is 'Yes', the carer's emergency alert card may be the answer for you.

What is the carer's emergency alert card?

It is a laminated card (the size of a credit card) which will identify you as a carer if you have an accident. The scheme is run by the Lifeline and Careline Centre, which is open 24 hours a day. The service is free of charge.

Why was the scheme developed?

Carers were concerned about what would happen to the person they cared for if they were out alone and had an accident. They wanted a scheme which would give them peace of mind and provide help at any time of the day or night.

How does it work?

You can register with the scheme by filling in an enrolment form. This gives us information about you and the person you care for, and the names of two people we can contact if there is an emergency.

We will then issue you with a laminated clip-on card with a registration and phone number. These numbers are linked to the Lifeline and Careline Centre. They will then phone your contacts to put into action the procedures you have agreed with them (for example, sitting with the person you care for until any further arrangements are made).

The system is confidential. Your card will not have any personal details on it, so the identities of you and the person you are caring for are protected.

The only way of identifying you is the reference number on the card.

You do not need to have a Lifeline or Careline emergency system to be able to join this scheme.

How do I use the card?

Always carry the card with you. It is important that the emergency services can find it quickly. If possible, clip it to your coat, wallet or handbag.

What are the benefits for me and the person I am caring for?

- The Lifeline and Careline Centre is open 24 hours a day.
- You can be less worried about going out.
- You can have peace of mind knowing that if anything happens to you while you are out, the Lifeline and Careline Centre will ask one of your contacts to make sure the emergency plans you have agreed are put into action.

What are my responsibilities?

- You must make sure that your named contacts have agreed to be named.
- You must discuss the possible emergency plans with your contacts.
- You must tell us about any changes in your circumstances and those of your named contacts, such as a change of mobile-phone number, car registration and so on.

Does the scheme work?

Yes. It has been running for some time in West Sussex and other areas, and carers find it useful. It is simple and easy to use, and has been successful in making sure that help is available quickly when it is needed.

Will I have to pay for the service?

No. We provide the service free of charge with support from the NHS and West Sussex County Council.

Please contact us if you need help to fill in the enrolment form.



Carer's emergency alert card

**Do you look after an adult
or child who depends on you
because they are ill, disabled
or frail?**

Pick up a leaflet or phone this
number for more information.

01903 859929



The following organisations support the carer's emergency alert card.

- Adur District Council
- Arun District Council
- Chichester District Council
- Crawley Borough Council
- Horsham District Council
- Mid Sussex District Council
- Worthing Borough Council
- West Sussex County Council
- NHS

